

HARDIN NORTHERN SCHOOL
REQUIRED ATHLETIC FORMS
JUNIOR HIGH



The following forms must be completed in their entirety and
TURNED IN TO THE COACH OF YOUR FIRST SEASON
before trying out or practicing in any sport at Hardin Northern

Athletic Code
Insurance Waiver
Parent Release
Drug Testing Consent
Social Media Policy
Emergency Medical Authorization

IN ADDITION A COMPLETED PHYSICAL PACKET MUST BE TURNED IN PRIOR TO TRYING OUT OR PRACTICING IN
ANY SPORT – PHYSICAL PACKETS CAN BE FOUND AT <http://hn.k12.oh.us/district/schools/high-school/athletics/athletic-forms-downloads/> AND CONTAINS THE FOLLOWING:

Physical Exam Form – Signed By A Doctor
Concussion
OHSAA Authorization Form
OHSAA Eligibility Form
Sudden Cardiac Arrest Signature Form

HARDIN NORTHERN ATHLETIC PHILOSOPHY

The Hardin Northern Athletic Department is interested in the development of young men and women through competition on the various athletic fields. We feel that a properly controlled, well-organized sports program meets student's needs for self-expression, mental alertness and physical growth. It is our goal to maintain a program that is sound in purpose and that will further each student's educational maturity.

Likewise, the Hardin Northern Student-Athlete has committed to certain responsibilities and obligations as a member of the sports program here at Hardin Northern and should acquaint themselves with the specific policies that are necessary for a well-organized program of athletics. These Student-Athletes should strive to set the proper example for the remainder of the student body as they have chosen to put themselves in a leadership role for their school and community. At the same time, the Athletic Department staff should uphold themselves to the same standard as to lead the young men and women that have chosen to take on this tremendous responsibility.

The interscholastic program at Hardin Northern should be conducted in accordance with existing Board of Education policies, rules and regulations as well as conform to all Ohio High School Athletic Association policies. The Athletic Department discourages any and all pressures that might tend to neglect good sportsmanship and good mental health. At all times the athletic program must be conducted in such a way so as to justify it as an educational activity.

It is the goal of the Hardin Northern Athletic Department that each Student-Athlete work with others in a democratic society to develop self-discipline, respect for authority and the spirit of hard work and sacrifice. Athletes must place the team and its objectives higher than personal desires. Each student-athlete should strive to maintain the following guidelines:

1. To have fun – The main reason people participate in sports and games.
2. To be successful – Our society is very competitive. We do not always win, but we succeed when we continually strive to do so. You can learn to accept defeat only by striving to win with earnest dedication. Develop a desire to excel.
3. Sportsmanship – To accept success and defeat like a true sportsman, knowing you have done your best. We must learn to treat others as we would have others treat us. We need to develop desirable social traits, including emotional control, honesty, cooperation and dependability.
4. To improve – Continual improvement is essential to good citizenship. As an athlete, you must establish a goal and constantly try to reach that goal. Try to better yourself in the skills involved and in those characteristics set forth as being desirable.
5. To develop desirable personal health habits – To be an active, contributing citizen, it is important to obtain a high degree of physical fitness through exercise and good health habits and to develop a desire to maintain this level of physical fitness after formal competition has been completed.

Each student-athlete has not only a responsibility to themselves to uphold these standards but to their community, teammates, coaches and school staff as a whole. As a group we must strive to maintain a high standard of competition and sportsmanship.

The policies set forth in the athletic handbook are designed to help guide all coaches, players and parents to develop the best possible athletic program that can be offered here at Hardin Northern. The athletic department, with the support of the administration and board of education, intends to uphold these rules and regulations as fairly and consistently as possible. Everyone involved in athletics at Hardin Northern should expect to have the best possible experience and develop good habits and memories that will last a lifetime. It is highly suggested that each parent and student-athlete review the athletic handbook which is available for download from the school's website at hn.k12.oh.us under the athletics tab.

Each student-athlete is expected and required to have certain forms on file with the athletic department. In an effort to make this process a little simpler we will require each athlete to complete these forms only upon the start of their first sport during the current school year. All forms listed on the cover page must be completed and turned in prior to participation.

All forms have been provided in this packet must be completed and turned in prior to participation and be on file in the athletic department or you may be denied participation. Please detach this letter and any other pertinent information and return all forms to your sport's head coach by the first day of practice.

BEAR PRIDE!

HARDIN NORTHERN SCHOOL

ATHLETIC CODE and CONSEQUENCES

This athletic code is a guide for the athlete at all times. Pride in our school and pride in being an athlete will hopefully foster a spirit of self-enforcement regarding the rules and regulations of the code. Penalties imposed for code violation will be administered in accordance with Hardin Northern School Board approved policies and procedures. These training rules are minimum standards. Each coach may have additional training rules, provided they are approved, printed and distributed prior to the beginning of his or her sport. Coaches' rules will not supersede the provisions of the Athletic Code

Rule #1 Hardin Northern athletes shall not use, possess, transport or furnish illicit drugs or other toxic materials; use, consume or transport alcohol or tobacco products. It is recommended that athletes should avoid social functions where drugs, alcohol or tobacco are being used in violation of the law or Athletic Code

Rule #2 Hardin Northern student-athletes shall not participate in criminal acts which violate the sense of propriety and decency of the community or law

VOLUNTARY REFERRAL OPPORTUNITY

An athlete may give a once a year self-referral, which may be done only twice in 4 years. Self-referrals can only happen before a test is done. Counseling and additional testing are required and no other punitive action is taken.

DISCIPLINARY PROCEDURE

When a student-athlete is suspected of having violated the athletic code, the Athletic Director and Principal shall be notified immediately and an investigation will be initiated within 48 hours of notification. The athletic department feels that ignoring a rumor of an infraction implies consent and therefore all reports, information or rumors will be investigated. After gathering all reasonable evidence an informal hearing will take place between the student-athlete, Head Coach, Athletic Director and Principal. If it is determined that a violation has occurred the student-athlete and his or her parents/guardians will be notified in writing of the penalty that will be imposed as outlined below. A copy of this letter will also be placed in the student-athlete's file. The athlete will be informed of his or her rights of appeal at this time.

For all violations of the athletic code the student-athlete and his or her parent/guardian must schedule a hearing with the Head Coach, Athletic Director and Principal to determine if all conditions of the suspension have been met and whether or not the student-athlete will be reinstated to the interscholastic team. If it is determined that the student-athlete has not fully satisfied the conditions he or she may be denied participation for the remainder of the current season. Reinstatement will not occur without this hearing being conducted.

FIRST OFFENSE-----IN SEASON

A) The student will have to make an appointment with a certified chemical dependency counselor (or at an agency certified by the Ohio Department of Health or the Ohio Department of Alcohol and Drug Addiction Services) for chemical dependency assessment and then follow the recommendations of the counselor. The parent/guardian/custodian is responsible for all expenses and for providing the Athletic Department with documentation that the athlete completed all recommendations of the counselor. The student/athlete will be denied participation for a minimum of 20% of the season. If the suspension can't be fulfilled during the current season the remaining percentage will carry over to the next sport season participated in. The parent/guardian/custodian and student will meet with the Athletic Director, the coach, and a building administrator to determine reinstatement. The student may be required, at parent/guardian/custodian expense, to submit to weekly or random testing for the remainder of the current athletic season.

B) Failure to complete the above requirement will result in denial of participation for the remainder of the current season and for that year until they are completed.

SECOND OFFENSE

The student is denied participation for one calendar year from the date of notification of the violation. The student/athlete will have to make an appointment with a certified chemical dependency counselor (or at an agency certified by the Ohio Department of Health or the Ohio Department of Alcohol and Drug Addiction Services) for chemical dependency assessment and then follow the recommendations of the counselor. The parent/guardian/custodian is responsible for all expenses and for providing the Athletic Department with documentation that the athlete completed all recommendations of the counselor. The parent/guardian/custodian and student will meet with the Athletic Director, the coach, and a building administrator to determine reinstatement.

THIRD OFFENSE

The student is permanently denied participation in athletics/extra-curriculars at Hardin Northern School.

IN ADDITION

Students may be denied participation or otherwise reprimanded for behavior which reflects negatively on the athlete or the school. Such offenses include:

- A. Cheating or truancy from class or school
- B. Acts of vandalism, abuse of persons or property, public or private
- C. Infractions of school rules or chronic incorrigible behavior
- D. Penalties for infractions of a, b, c will be determined jointly by the Head Coach, Athletic Director and the Building Principal

APPEAL PROCEDURE

The right of appeal is inherent in instances of discipline for violation of the Athletic Code. Appeals should be made in writing within 24 school day hours of the decision and should be delivered to the Athletic Administrator. The Superintendent, High School Principal and Athletic Director will hear such appeals jointly in a timely manner. After hearing the appeal the committee will render its decision in writing within 24 school day hours. Decisions of the committee are final

PLAYER RESPONSIBILITY and CONSEQUENCES

It shall be understood that athletics is a privilege and not a right. The Hardin Northern Athlete is defined as any student that attends an athletic conditioning session, practice, game, or weight training workout after the official start of practice. Additionally, all student managers, assistant managers, video crew, statisticians, and other miscellaneous student athletic support staff are also defined as participating student athletes and will remain as such until they receive their specific terms of graduation. Therefore a Hardin Northern student athlete will accordingly adhere to the following:

1. Athletes shall abide by all rules and regulations established by the Ohio High School Athletic Association, the Northwest Central Conference, the Hardin Northern Local Board, the Athletic Council and members of the coaching staff
2. The athlete is expected to know the training rules as outlined by the Athletic Department. Coaches will meet with all players to instruct them on the expectations of the Hardin Northern Athletic Department
3. All equipment issued to a player is to be worn only at practice sessions or scheduled games involving that particular sport or as specified by the Head Coach
4. Each athlete is individually responsible for all equipment issued to him or her
5. Athletes may not participate in assemblies for awards or banquets or participate in another sport if they have not returned all equipment or paid the sum
6. Athletes shall conduct themselves in such a manner that they will create a positive reflection upon themselves, their teammates, school, student body and Hardin Northern Local School in general
7. Athletes must be in school one half day (before 11:30 or 4 periods consecutively) in order to compete in a contest or practice that day or night. Any exceptions must have prior approval of the Principal
8. All athletes shall uphold the traditions of sportsmanship and fair play
9. Athletes may not quit one sport squad and join another in the same season without approval of both Head Coaches and the Athletic Director
10. Any athlete who quits (after a two practice grace period) or is removed from a squad (at any time) before the end of his or her official sports season must discuss the matter in person with the Head Coach or forfeit his or her right to participate for the first 50% of the next sport season that the athlete participates in. If the student-athlete meets with the Head Coach prior to quitting to discuss the matter cordially that suspension may be reduced to minimum 10%.
11. Athletes shall be expected to dress properly when representing their school in all athletic contests both home and away. They should attempt to create a positive image of themselves and their team in the eyes of their fellow classmates, student body and the community in general. The Head Coach or Advisor may establish specific rules
12. An orientation to these rules is available from the Athletic Director and will also be covered by the coach of each sport prior to initiating the start of the season
13. A player must be in good standing and not under disciplinary action in school in order to be eligible for interscholastic competition
14. Athletes shall notify the coach if they are going to be absent or late for a practice session
15. Unexcused absence from practice will result in disciplinary action by the coach. The only valid excuse will be absent from school or personal excuse by the coach
16. All team members shall travel to and from all out of town contests by means of transportation provided by the school. Special consideration will be given only in the case of injury, illness or other unusual circumstances
17. Athletes shall not begin practice until all proper forms have been completed and turned into the Head Coach
18. No individual is to be on the gym floor without tennis shoes. These tennis shoes are not to be worn outside
19. Awards will only be considered for those athletes who have completed an entire sports season which includes tournament play

SOCIAL MEDIA POLICY and CONSEQUENCES

In addition to our normal student code of conduct for our student-athletes at Hardin Northern the Athletic Department wanted to address the growing issue of social networking. Hardin Northern Local Schools and the Athletic Department recognize and support the student-athletes' rights to freedom of speech, expression, and association, including the use of social networks. In this context, however, each student-athlete must remember that playing and competing for Hardin Northern Local Schools is a privilege. As a student-athlete, you represent Hardin Northern Local Schools and our local communities and you are expected to portray yourself, your team, and the School District in a positive manner at all times.

Student-athletes should be aware that third parties—including the media, faculty, future employers and college officials—could easily access your profiles and view all personal information. This includes all pictures, videos, comments and posters. Inappropriate material found by third parties affects the perception of the student-athlete and our school. This can also be detrimental to an athletic participant's future options (i.e. college, profession). Examples of inappropriate and offensive behaviors concerning engagement in online communities may include depictions or presentations of the following:

- Photos, videos, comments or posters showing the personal use of alcohol, drugs and tobacco.
- Photos, videos, and comments that are of a sexual nature. This includes links to websites of a pornographic nature and other inappropriate material.
- Pictures, videos, comments or posters that condone drug –related activity. This includes but is not limited to images that portray the personal use of marijuana and drug paraphernalia.
- Content online that is unsportsmanlike, derogatory, demeaning or threatening toward any other individual or entity (examples: derogatory comments regarding another school; taunting comments aimed at a student-athlete, coach or team at another school and derogatory comments against race and/or gender). No posts should depict or encourage unacceptable, violent or illegal activities (examples: hazing, sexual harassment/assault, gambling, discrimination, fighting, vandalism, academic dishonesty, underage drinking and illegal drug use).
- Derogatory language or remarks that may harm my teammates or coaches; other Hardin Northern student athletes, teachers, or coaches.

Additionally, we encourage parents to review these guidelines with your student-athlete to ensure complete understanding and adherence.

Failure to adhere to this policy and guidelines will result in suspension from contests for any Hardin Northern team for each instance based on the guidelines listed below:

- a. Any violation occurring with games remaining to be played in the current athletic season will be based on 10% of the season's scheduled games. Suspensions will carry over to the next sport season played.
- b. Any violation that occurs after the season's games have been played will be based on 10% of the next sport played's season scheduled games. Suspensions will carry over to the next sport season played.
- c. Repeated violations of the social media policy may result in an athlete being permanently denied participation in athletics/extra-curriculars at Hardin Northern School.

By signing below you affirm that you understand the Hardin Northern Local Schools Social Media Guidelines for student-athletes and the requirements that you must adhere to as an HNHS student-athlete. Also, you affirm that failure to adhere to this policy and guidelines may result in consequences that include suspension from your athletic team, and you may be subject to additional penalties imposed by the school and/or school division.

PLEASE KEEP THE PREVIOUS PORTION FOR YOUR REFERENCE. PLEASE READ, COMPLETE, SIGN, AND RETURN ALL OF THE FOLLOWING FORMS TO YOUR COACH.

HARDIN NORTHERN
ATHLETIC CODE AGREEMENT

By signing below you acknowledge that you have read and understand the Hardin Northern Athletic Code and its consequences. You also voluntarily agree to follow the adopted Student Conduct Code of the Hardin Northern Board of Education, the Hardin Northern Athletic Handbook, and the constitution, rules, by-laws, decisions and interpretations of the Board and the Ohio High School Athletic Association. Please initial each item to indicate you have read each section outlined above from the Hardin Northern Athletic Handbook:

_____ Hardin Northern Athletic Code and Consequences

_____ Player Responsibility and Consequences

_____ Social Media Policy and Consequences

School Year: _____

Print Parent/Guardians Name

Print Student-Athletes Name

Parent/Guardian's signature Date

Student-Athletes signature Date

Parent/Guardian Release Form

WARNING, AGREEMENT TO OBEY INSTRUCTIONS, RELEASE, ASSUMPTION OF RISK, AND AGREEMENT TO HOLD HARMLESS HARDIN NORTHERN LOCAL SCHOOL DISTRICT. Both applicant student-athlete and a parent or guardian must read carefully and sign before participation.

I am aware that playing or practicing to play/participate in any sport can be a dangerous activity involving MANY RISKS OF INJURY. I understand that the dangers and risks of playing or practicing to play/participate in athletics include, but are not limited to, death, serious neck and spinal injuries, which may result in complete or partial paralysis, brain damage, serious injury to virtually all internal organs, serious injury to virtually all bones, joints, ligaments, muscles, tendons, and other aspects of the muscular skeletal system and serious injury or impairment to other aspects of my body, general health and well-being. I understand that the dangers and risks of playing or practicing to play/participate in athletics may result not only in serious injury, but in a serious impairment of my future abilities to earn a living, to engage in other business, social and recreational activities, and generally to enjoy life.

Because of the dangers of participating in athletics, I recognize the importance of following coaches' instructions regarding playing techniques, training and other team rules, etc, and I agree to obey such coaching instructions.

In consideration of the Hardin Northern Local School District permitting me to try out for the sport(s) initialed below, and to engage in all activities related to the team, including, but not limited to, trying out, practicing, or playing/participating in that sport, I hereby assume all the risks associated with participation and agree to hold the Hardin Northern Local School District, its employees, agents, representatives, coaches, and volunteers harmless from any and all liability, actions, causes of action, debts, claims, or demands of any kind and nature whatsoever which may arise by or in connection with my participation in any activities related to Hardin Northern athletic team membership. The terms hereof shall serve as a release and assumption of risk of my heirs, estate, executor, administrator, assignees, and for all members of my family.

I, _____ (print parent/guardian's name), am the parent/legal guardian of _____ (print student-athlete's name). I have read the student warning and release and understand its terms. I understand that all sports can involve many RISKS OF INJURY, including, but not limited to, those risks outlined in this form.

PLEASE PLACE YOUR INITIALS NEXT TO EACH SPORT IN WHICH YOUR SON/DAUGHTER/WARD WILL BE PARTICIPATING FOR INDICATED SCHOOL YEAR:

SCHOOL YEAR: _____

SPORTS (Initial all applicable sports)

___Basketball ___Football ___Track ___Cheerleading
___Volleyball ___Baseball ___Softball ___Cross Country

(Parent/Guardian's signature)

(Date)

(Student-athletes' signature)

(Date)

HARDIN NORTHERN ATHLETICS

INSURANCE WAIVER

I am aware that the school does not carry accident or death insurance on my son or daughter. I am also aware, except in proven cases of negligence, that any financial responsibility arising from injury or death, which occurs to my child while participating in any school sport or sport related activity, is my financial responsibility.

Coverage is available for purchase if needed by contacting the Athletic Office. By signing below, you are verifying that you have been offered the opportunity to purchase accident and accidental death insurance at the beginning of this school year and are waiving that option.

School Year: _____

Name of Athlete

Date of Birth

Name of Parent/Guardian

Address

I believe that our personal coverage is adequate and do not wish to purchase the school insurance.

Parent/Guardian Signature

Date

HARDIN NORTHERN EMERGENCY MEDICAL AUTHORIZATION

Grade _____

Student's Name _____

Telephone Number _____

Address _____

Date of Birth _____

Medical Insurance Carrier _____

Medical Insurance I.D. Number _____

PURPOSE - to enable parents and guardians to authorize the provision of emergency treatment for children who become ill or injured while under school authority, when parents or guardians cannot be reached.

CONTACT INFORMATION

Primary Parent/Guardian Contact _____

Phone # _____

Secondary Parent/Guardian Contact _____

Phone # _____

PART I or II MUST BE COMPLETED

PART I - GRANT OF CONSENT

In the event reasonable attempts to contact the above listed have been unsuccessful I hereby give my consent for (1) the administration of any treatment deemed necessary by the following:

Preferred Physician:

Dr. _____

Phone # _____

Preferred Dentist:

Dr. _____

Phone # _____

or in the event the designated preferred practitioner is not available by another licensed physician or dentist, and (2) the transfer of the child to the following preferred hospital: _____ or any hospital reasonably accessible.

This authorization does not cover major surgery unless the medical opinions of one other licensed physician or dentist concurring in the necessity of such surgery are obtained prior to the performance of such surgery.

Facts concerning the child's medical history (including allergies, medications, and any physical impediments to which a physician should be alerted):

Signature of Parent/Guardian _____

Date _____

Print Name of Parent/Guardian _____

PART II - REFUSAL TO CONSENT (Do NOT complete Part II if you completed Part I)

I do not give my consent for emergency medical treatment on my child. In the event of illness or injury requiring emergency treatment, I wish the school authorities take not action.

Signature of Parent/Guardian _____

Date _____

Print Name of Parent/Guardian _____