

HARDIN NORTHERN SCHOOL REQUIRED ATHLETIC FORMS 2016 – 2017



The enclosed forms must be completed in their entirety and
TURNED IN TO THE COACH OF YOUR FIRST SEASON
before trying out or practicing in any sport at Hardin Northern

REQUIRED FORMS

PHYSICAL EXAM FORM – SIGNED BY A DOCTOR (forms located at hn.k12.oh.us)
CONCUSSION (part of the physical forms)
OHSAA AUTHORIZATION FORM (part of the physical forms)
OHSAA ELIGIBILITY FORM (part of the physical forms)
EMERGENCY MEDICAL AUTHORIZATION (attached)
INSURANCE WAIVER (attached)
CODE OF CONDUCT (attached)
PARENT RELEASE (attached)

HARDIN NORTHERN ATHLETIC PHILOSOPHY

The Hardin Northern Athletic Department is interested in the development of young men and women through competition on the various athletic fields. We feel that a properly controlled, well-organized sports program meets student's needs for self-expression, mental alertness and physical growth. It is our goal to maintain a program that is sound in purpose and that will further each student's educational maturity.

Likewise, the Hardin Northern Student-Athlete has committed to certain responsibilities and obligations as a member of the sports program here at Hardin Northern and should acquaint themselves with the specific policies that are necessary for a well-organized program of athletics. These Student-Athletes should strive to set the proper example for the remainder of the student body as they have chosen to put themselves in a leadership role for their school and community. At the same time, the Athletic Department staff should uphold themselves to the same standard as to lead the young men and women that have chosen to take on this tremendous responsibility.

The interscholastic program at Hardin Northern should be conducted in accordance with existing Board of Education policies, rules and regulations as well as conform to all Ohio High School Athletic Association policies. The Athletic Department discourages any and all pressures that might tend to neglect good sportsmanship and good mental health. At all times the athletic program must be conducted in such a way so as to justify it as an educational activity.

It is the goal of the Hardin Northern Athletic Department that each Student-Athlete work with others in a democratic society to develop self-discipline, respect for authority and the spirit of hard work and sacrifice. Athletes must place the team and its objectives higher than personal desires. Each student-athlete should strive to maintain the following guidelines:

1. To have fun – The main reason people participate in sports and games.
2. To be successful – Our society is very competitive. We do not always win, but we succeed when we continually strive to do so. You can learn to accept defeat only by striving to win with earnest dedication. Develop a desire to excel.
3. Sportsmanship – To accept success and defeat like a true sportsman, knowing you have done your best. We must learn to treat others as we would have others treat us. We need to develop desirable social traits, including emotional control, honesty, cooperation and dependability.
4. To improve – Continual improvement is essential to good citizenship. As an athlete, you must establish a goal and constantly try to reach that goal. Try to better yourself in the skills involved and in those characteristics set forth as being desirable.
5. To develop desirable personal health habits – To be an active, contributing citizen, it is important to obtain a high degree of physical fitness through exercise and good health habits and to develop a desire to maintain this level of physical fitness after formal competition has been completed.

Each student-athlete has not only a responsibility to themselves to uphold these standards but to their community, teammates, coaches and school staff as a whole. As a group we must strive to maintain a high standard of competition and sportsmanship.

The policies set forth in the athletic handbook are designed to help guide all coaches, players and parents to develop the best possible athletic program that can be offered here at Hardin Northern. The athletic department, with the support of the administration and board of education, intends to uphold these rules and regulations as fairly and consistently as possible. Everyone involved in athletics at Hardin Northern should expect to have the best possible experience and develop good habits and memories that will last a lifetime. It is highly suggested that each parent and student-athlete review the athletic handbook which is available for download from the school's website at hn.k12.oh.us under the athletics tab.

Each student-athlete is expected and required to have certain forms on file with the athletic department. In an effort to make this process a little simpler we will require each athlete to complete these forms only upon the start of their first sport during the current school year. The following forms must be completed and returned to your first sport's head coach.

- a. Emergency medical authorization form
- b. Insurance waiver
- c. Athletic code signature form
- d. Parent/Guardian release form
- e. Physical card signed by student-athlete and doctor

All forms have been provided in this packet. All forms must be on file in the athletic department or you will be denied participation. Please detach this letter and return all forms to your sport's head coach by the first day of practice.

BEAR PRIDE!

HARDIN NORTHERN SCHOOL ATHLETIC CODE

This athletic code is a guide for the athlete at all times. Pride in our school and pride in being an athlete will hopefully foster a spirit of self-enforcement regarding the rules and regulations of the code. Penalties imposed for code violation will be administrated in accordance with Hardin Northern School Board approved policies and procedures. These training rules are minimum standards. Each coach may have additional training rules, provided they are approved, printed and distributed prior to the beginning of his or her sport. Coaches' rules will not supersede the provisions of the Athletic Code

Rule #1 Hardin Northern athletes shall not use, possess, transport or furnish illicit drugs or other toxic materials; use, consume or transport alcohol or tobacco products. It is recommended that athletes should avoid social functions where drugs, alcohol or tobacco are being used in violation of the law or Athletic Code

Rule #2 Hardin Northern student-athletes shall not participate in criminal acts which violate the sense of propriety and decency of the community or law

VOLUNTARY REFERRAL OPPORTUNITY

In order to encourage the student-athlete to seek assistance for any substance abuse problems a voluntary referral process will be established. Any denial of privilege to participate will be reduced if the student agrees to follow assistance recommendations.

Voluntary referral must occur prior to any report of violations. Involvement by law enforcement officials negates the option of voluntary referral. The student-athlete may use the option of voluntary referral only once in his or her career at Hardin Northern. Voluntary referrals may be made by the student-athlete or his or her immediate family to the Head Coach, Athletic Director or Principal.

The student-athlete using this option will receive the minimum penalty for their violation. However, the student-athlete must successfully complete an assessment program approved by the Athletic Director and follow all counseling recommendations or the maximum penalty will be immediately imposed. The student-athlete must set an appointment for evaluation within four days of notification of the violation. Written verification of this evaluation and the recommendations set forth must be received from the counselor prior to completion of the minimum penalty period. All counseling meetings must be outside of regular school hours. Any cost of the assessment and follow-up program will be the responsibility of the athlete.

DISCIPLINARY PROCEDURE

When a student-athlete is suspected of having violated the athletic code, the Athletic Director and Principal shall be notified immediately and an investigation will be initiated within 48 hours of notification. The athletic department feels that ignoring a rumor of an infraction implies consent and therefore all reports, information or rumors will be investigated. After gathering all reasonable evidence an informal hearing will take place between the student-athlete, Head Coach, Athletic Director and Principal. If it is determined that a violation has occurred the student-athlete and his or her parents/guardians will be notified in writing of the penalty that will be imposed as outlined below. A copy of this letter will also be placed in the student-athlete's file. The athlete will be informed of his or her rights of appeal at this time.

For all violations of the athletic code the student-athlete and his or her parent/guardian must schedule a hearing with the Head Coach, Athletic Director and Principal to determine if all conditions of the suspension have been met and whether or not the student-athlete will be reinstated to the interscholastic team. If it is determined that the student-athlete has not fully satisfied the conditions he or she may be denied participation for the remainder of the current season. Reinstatement will not occur without this hearing being conducted.

(over)

FIRST OFFENSE-----IN SEASON

The in-season athlete will be denied athletic participation for 30% of the regularly scheduled season contests at the level the student-athlete competes in the majority of time. The student-athlete will not participate or dress for any contests during the suspension period. The athlete will be expected to take part in all preseason practice sessions and scrimmages at the coach’s discretion. Scrimmages will not be counted as part of the 30% mentioned above. All penalties will be determined by a joint decision of the Head Coach, Athletic Director and Building Principal.

The penalty period may be reduced to 20% if a student-athlete voluntarily completes a drug and alcohol assessment program as described above. Successful completion of those requirements must take place prior to the end of the 20% time period or the full suspension will be imposed.

If a student-athlete uses his or her voluntary referral option the penalty period will be reduced to 10% if all requirements of the voluntary referral as outlined above are satisfied.

Fractions of athletic contests will be rounded to the nearest whole contest.

SECOND OFFENSE-----SCHOOL YEAR

If a second offense occurs during the same school year as the first offense the student-athlete will be denied athletic participation for one (1) calendar year from the date the penalty is imposed. The privilege to earn awards shall be forfeited once the athlete is denied participation. Additional offenses may result in further loss of participation for the remainder of his or her career

IN ADDITION

Students may be denied participation or otherwise reprimanded for behavior which reflects negatively on the athlete or the school. Such offenses include:

- A. Cheating or truancy from class or school
- B. Acts of vandalism, abuse of persons or property, public or private
- C. Infractions of school rules or chronic incorrigible behavior
- D. Penalties for infractions of a, b, c will be determined jointly by the Head Coach, Athletic Director and the Building Principal

APPEAL PROCEDURE

The right of appeal is inherent in instances of discipline for violation of the Athletic Code. Appeals should be made in writing within 24 school day hours of the decision and should be delivered to the Athletic Administrator. The Superintendent, High School Principal and Athletic Director will hear such appeals jointly in a timely manner. After hearing the appeal the committee will render its decision in writing within 24 school day hours. Decisions of the committee are final

ELIGIBILITY

- a. All OHSAA standards for eligibility will be enforced. See attached bulletin.
- b. In addition, HN policy states that student-athletes must be in school one half day (before 11:30 or for 4 periods consecutively) in order to compete in a contest or practice that day or night. Any exceptions must have prior approval of the principal.

By signing below you acknowledge that you have read and understand the Hardin Northern Athletic Code and its consequences. You also voluntarily agree to follow the adopted Student Conduct Code of the Hardin Northern Board of Education and the constitution, rules, by-laws, decisions and interpretations of the Board and the Ohio High School Athletic Association.

Parent/Guardian’s signature

Date

Student-Athletes signature

Date

HARDIN NORTHERN ATHLETICS

INSURANCE WAIVER

I am aware that the school does not carry accident or death insurance on my son or daughter. I am also aware, except in proven cases of negligence, that any financial responsibility arising from injury or death, which occurs to my child while participating in any school sport or sport related activity, is my financial responsibility.

I have been offered the opportunity to purchase accident and accidental death insurance at the beginning of this school year.

Name of Athlete

Date of Birth

Name of Parent/Guardian

Address

I believe that our personal coverage is adequate and do not wish to purchase the school insurance.

Parent/Guardian Signature

Date

Parent/Guardian Release Form

WARNING, AGREEMENT TO OBEY INSTRUCTIONS, RELEASE, ASSUMPTION OF RISK, AND AGREEMENT TO HOLD HARMLESS HARDIN NORTHERN LOCAL SCHOOL DISTRICT. Both applicant student-athlete and a parent or guardian must read carefully and sign before participation.

I am aware that playing or practicing to play/participate in any sport can be a dangerous activity involving MANY RISKS OF INJURY. I understand that the dangers and risks of playing or practicing to play/participate in athletics include, but are not limited to, death, serious neck and spinal injuries, which may result in complete or partial paralysis, brain damage, serious injury to virtually all internal organs, serious injury to virtually all bones, joints, ligaments, muscles, tendons, and other aspects of the muscular skeletal system and serious injury or impairment to other aspects of my body, general health and well-being. I understand that the dangers and risks of playing or practicing to play/participate in athletics may result not only in serious injury, but in a serious impairment of my future abilities to earn a living, to engage in other business, social and recreational activities, and generally to enjoy life.

Because of the dangers of participating in athletics, I recognize the importance of following coaches' instructions regarding playing techniques, training and other team rules, etc, and I agree to obey such coaching instructions.

In consideration of the Hardin Northern Local School District permitting me to try out for the sport(s) initialed below, and to engage in all activities related to the team, including, but not limited to, trying out, practicing, or playing/participating in that sport, I hereby assume all the risks associated with participation and agree to hold the Hardin Northern Local School District, its employees, agents, representatives, coaches, and volunteers harmless from any and all liability, actions, causes of action, debts, claims, or demands of any kind and nature whatsoever which may arise by or in connection with my participation in any activities related to Hardin Northern athletic team membership. The terms hereof shall serve as a release and assumption of risk of my heirs, estate, executor, administrator, assignees, and for all members of my family.

I, _____, am the parent/legal guardian of _____ (student-athlete). I have read the student warning and release and understand its terms. I understand that all sports can involve many RISKS OF INJURY, including, but not limited to, those risks outlined in this form.

PLEASE PLACE YOUR INITIALS NEXT TO EACH SPORT IN WHICH YOUR SON/DAUGHTER/WARD WILL BE PARTICIPATING:

SPORTS (Initial all applicable sports)

___Basketball ___Football ___Track ___Cheerleading
___Volleyball ___Baseball ___Softball ___Cross Country

(Parent/Guardian's signature)

(Date)

(Student-athletes' signature)

(Date)

HARDIN NORTHERN EMERGENCY MEDICAL AUTHORIZATION

Grade_____

Student's Name_____

Telephone Number_____

Address_____

Date of Birth_____

Medical Insurance Carrier_____

Medical Insurance I.D. Number_____

PURPOSE - to enable parents and guardians to authorize the provision of emergency treatment for children who become ill or injured while under school authority, when parents or guardians cannot be reached.

CONTACT INFORMATION

Primary Parent/Guardian Contact _____

Phone # _____

Secondary Parent/Guardian Contact _____

Phone # _____

PART I or II MUST BE COMPLETED

PART I - GRANT OF CONSENT

In the event reasonable attempts to contact the above listed have been unsuccessful I hereby give my consent for (1) the administration of any treatment deemed necessary by the following:

Preferred Physician:

Dr. _____

Phone # _____

Preferred Dentist:

Dr. _____

Phone # _____

or in the event the designated preferred practitioner is not available by another licensed physician or dentist, and (2) the transfer of the child to the following preferred hospital: _____ or any hospital reasonably accessible.

This authorization does not cover major surgery unless the medical opinions of one other licensed physician or dentist concurring in the necessity of such surgery are obtained prior to the performance of such surgery.

Facts concerning the child's medical history (including allergies, medications, and any physical impediments to which a physician should be alerted):

Signature of Parent/Guardian_____

Date_____

Print Name of Parent/Guardian_____

PART II - REFUSAL TO CONSENT (Do NOT complete Part II if you completed Part I)

I do not give my consent for emergency medical treatment on my child. In the event of illness or injury requiring emergency treatment, I wish the school authorities take not action.

Signature of Parent/Guardian_____

Date_____

Print Name of Parent/Guardian_____